

Unit 1 Top Floor, Orsett Fruit Farm, Orsett, RM16 3BH

Managing Fatigue Policy

Tranquil Fabrication Technologies will take all reasonable steps to ensure that employees or contractors are made aware of the contents of this statement, together with the relevant sections of the Group Standard and the implications therein.

Furthermore, as a responsible employer, we have in place procedures to prevent, insofar as it is reasonably practicable. No employee or sub-contractors shall in so far as reasonably practicable undertake work for such number of hours as would be liable to cause them fatigue, which could endanger the safety of them and others.

It also identifies the minimum expectations with regards to discharging our duty under the Health and Safety at Work Act 1974 relating to the management of work and travel time.

It is a requirement of the company that the working time of employees and sub-contractors comply with the accompanying Management of Fatigue Procedure.

This Procedure details the requirements for managing fatigue and working hours. It applies to all employees and sub-contractors who undertake safety-critical work within the construction and roofing industry.

Specific requirements are set out for Managers or other identified roles who:

- Have responsibility for the rostering and/or management of staff who undertake safety critical work, and/or
- Are responsible for arranging, placing, controlling, and monitoring of contracts involving undertaking safety critical work
- > The scope of this standard includes controls for:
 - Working hours
 - Exceedance of working time limits
 - Design and risk assessment of working patterns
 - Management of fatigue
 - Monitoring & review of arrangements for managing fatigue & working hours

It is recognised there may be occasions when there is an urgent requirement to exceed the working time limits on these occasions the Contract Managers/Supervisors may authorise the restricted hours to be exceeded only in exceptional circumstances subject to completion of a suitable and sufficient risk assessment, including the mitigation measures to be implemented where appropriate.

Approved by full board of both directors 05.01.2025 (Darren Runnicles and Alex Wickes)

Alex Wickes Project Director

Daren Runnicles Operation Director